

# Responsible Decision-Making For Middle School

Video & Response

<https://www.decisioneducation.org/decision-focus-chain>

## Turning Intention into Action

1. **Helpful Frame:** understand the decision being made, the timeframe, the people involved; ensure that you are solving the right problem
2. **Clear Values:** know what you prize, and which outcomes you are willing to absorb
3. **Creative Alternatives:** include a set of choices with significantly different options
4. **Useful Information:** recognize how uncertainty impacts your decision, but also rely on trustworthy facts of the past and unbiased evaluation about the future
5. **Sound Reasoning:** use tools that help focus your thinking on values, alternatives, and information for decision-making, until clear reasoning means you can justify your choice
6. **Commitment to Follow Through:** select the best action, while understanding that follow-through requires resources (ex. time, effort, etc.); intentionally plan for obstacles

*"...to use foresight, not hindsight..."*