Speak from the Heart Word Finder Put your Feelings into Words

Be a feelings detective: (

Find the **word** that expresses the **feeling**. Put a star by any feelings that you have had today. Put a check by feelings that you have observed in others.

Add new words in the blank spaces.

Happy
pleased
proud
confident
calm
sympathetic
friendly
loved
understood
fortunate
excited

hopeful content optimistic appreciated



left out unhappy sorrowful discouraged



Scacia blue lonely guilty ashamed embarrassed remorseful disappointed hopeless depressed miserable

nervous
worried
scared
shy
insecure
suspicious
surprised
shocked
mixed-up
confused



anxious stressed afraid uneasy



impatient outraged offended aggravated annoyed annoyed disapproving fed-up jealous determined defiant disgusted frustrated angry furious

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