

Quotes on Kindness

From *The Great Kindness Challenge*

“How wonderful to think that no one need wait a moment
before starting to improve the world.”

~ Anne Frank

“No act of kindness no matter how small is ever wasted.”

~ Aesop

“A little consideration, a little thought for others,
makes all the difference.”

~ Eeyore

“The ideas that have lighted my way have been kindness,
beauty and truth.”

~ Albert Einstein

“When words are both true and kind
they can change our world.”

~ Buddha

“Love is the only force capable of turning an enemy into a
friend.”

~ Dr. Martin Luther King, Jr.

“Life’s most persistent and urgent question is,
‘What are you doing for others?’”

~ Dr. Martin Luther King, Jr.

“Do your little bit of good where you are;
it’s those little bits of good put together
that overwhelm the world.”

~ Desmond Tutu

“To be kind is more important than to be right...
Many times what people need is not a brilliant mind that
speaks but a special heart that listens...”

~ Unknown

“Treat everyone with kindness and respect,
even those who are rude to you...
not because they are nice, but because you are.”

~ Unknown

“Here is my secret. It is very simple:
It is only with the heart that one can see rightly;
what is essential is invisible to the eye.”

~ The Little Prince

“There is no greater joy nor greater reward than
to make a fundamental difference in someone’s life.”

~ Sister Mary Rose McGeady

“Every time you smile at someone, it is an action of love,
a gift to that person, a beautiful thing.”

~ Mother Teresa

“Go into the world and do well.
But more importantly, go into the world and do good.”

~ Minor Myers, Jr.

“Raise your words, not your voice.
It is rain that grows flowers, not thunder.”

~ Rumi

“Nothing can make our life, or the lives of other people,
more beautiful than perpetual kindness.”
~ Leo Tolstoy

“It was only a sunny smile, and little it cost in the giving.
But like morning light, it scattered the night,
and made the day worth living.”
~ F. Scott Fitzgerald

“Be kind whenever possible. It is always possible.”
~ Dalai Lama

“Just one act of kindness that you perform,
may turn the tide of another person’s life.”
~ Unknown

“A smile is the beginning of peace.”
~ Mother Teresa

“The majority of us lead quiet, unheralded lives as we pass
through this world. There will most likely be no ticker-tape
parades for us, no monuments created in our honor. But that
does not lessen our possible impact, for there are scores of
people waiting for someone just like us to come along; people
who will appreciate our compassion, our unique talents.
Someone who will live a happier life merely because we took
the time to share what we had to give.”
~ Leo Buscaglia

“Let today be a day to let Kindness rule all your actions.”
~Jonathan Lockwood Hui

“Whatever you say, say with kindness.”
~ Jonathan Lockwood Huie

“Happiness is not a station you arrive at,
but a manner of traveling.”
~ Margaret B. Runbeck

“Seek to do good,
and you will find that happiness will run after you.”
~ James Freeman Clarke

“Kind words will unlock an iron door.”
~ Turkish Proverb

“We ourselves feel that what we are doing is just a drop in the
ocean. But the ocean would be less
because of that missing drop.”
~ Mother Teresa

“If someone listens, or stretches out a hand, or whispers a
kind word of encouragement, or attempts to understand a
lonely person, extraordinary things begin to happen.”
~ Loretta Girzaitis

“The best and most beautiful things in the world cannot be
seen or even touched. They must be felt with the heart.”
~ Helen Keller

“A warm smile is the universal language of kindness.”
~ William Arthur Ward

“Kindness is the language
which the deaf can hear and the blind can see.”
~ Mark Twain